

Pizza fingers

Ingredients:

- 4 round wraps, Lebanese breads or medium pizza bases
- 8 tablespoons tinned crushed or diced tomatoes (salt reduced)
- 1 tablespoon mixed herbs (dried or fresh)
- 1 medium red or yellow capsicum, diced
- 1 cup of mushrooms, sliced
- 1 cup (140g) poached or grilled skinless chicken breast, shredded
- 1 cup baby spinach
- 2 cups reduced fat grated cheese

Method:

1. Preheat the oven 180°.
2. In a bowl, mix the tomatoes and herbs together, placing one tablespoon of the mixture on each pizza base.
3. Continue to top the pizzas by sprinkling the remaining ingredients evenly over the bases, finishing with the cheese.
4. Place in the oven and cook for 10 minutes or until cheese is melted.
5. Once out of oven, carefully cut into fingers or wedges.



Term 3 Planner 2017

Mon	Tue	Wed	Thu	Fri
July 17	18	19	P&C Meeting 20	Athletics Carnival Dubbo 21
24	25	26	27	28
Debate		Wellington Eisteddfod		
31	Aug 1	2	3	4
7	8	9	10	11
14	15	16	P&C Meeting 17	18
21	Debate	Primary Sydney Excursion	Primary Sydney Excursion	Primary Sydney Excursion
28	29	30	31	Sept 1
4	5	6	7	8
11	12	13	14	CWA International Day Stuart Town Hall
18	19	20	Naldoc Day Wellington 21	22



MUMBIL PUBLIC SCHOOL

"Strive for the Peak"

38 Burrandong Road

MUMBIL NSW 2820

Phone: 02 6846 7436

Fax: 02 6846 7438

Email: mumbil-p.school@det.nsw.edu.au

Term 3 Week 1 & 2

Friday 28th July 2017

Students of the week



**Congratulations
Jaiden!**



**Congratulations
Riley!**

PRINCIPAL'S MESSAGE

Congratulations to all of our students for a fantastic start to term 3. All students have come back refreshed and have been focussing and working hard.

Eisteddfod

The Wellington eisteddfod will take place for our students next Wednesday 2nd August. Students have been working hard with Miss Kinney to perfect their items and we are looking forward to participating.

Head Lice

A reminder that it is that time of year and head lice is once again going around. Please check your children's hair and treat if necessary including all linen and hair brushes, bands etc. Please have a read of the attached information.

Uniform

Just a reminder that we have plenty of jumpers in our clothing pool at school. Please come and see us if you need more school jumpers. All students need to be in full school uniform which includes the red or black school jumpers. Could all parents also check that your child's name is written inside their jumpers as we have a number of jumpers left at school with no names attached

Athletics Carnival

Congratulations to all of our students who participated in the small schools athletics carnival last week in Dubbo!

We were the only school that I know of that had 100% attendance on the day. An extra thank you to Michelle Polley who volunteered to assist in the running of the K-2 tabloid events on the day.

Athletics Carnival Photos



Primary Sydney Excursion

Deposits for this excursion is now overdue. If you have not yet paid a deposit please come into the office and see Mrs Hanney. Full payments for the excursion is due on Friday 18th August. Full permission and medical notes needs to be returned to Mrs Hanney ASAP.

P&C News

Congratulations to Andy Devine who accepted the Treasurer's position at the P&C meeting. If you have any fundraising ideas please come along to the P&C meetings and share your ideas and raise funds for the students of Mumbil School.

Earn & Learn Stickers

It has started!

Please ask your family and friends to start collecting Earn and Learn Stickers from Woolworths when shopping. The more stickers we get the more resources we get for our school.