

## Recipe of the week

### Healthy fish fingers

#### Ingredients

- 400g firm white fish fillets, cut into bite sized pieces
- 1 cup plain flour
- 2 eggs, lightly beaten
- 1/4 cup milk
- 2 cups fresh wholemeal breadcrumbs
- Canola spray

#### Method

1. Preheat oven to 180°C. Line a baking tray with baking paper and set aside.
2. Set up a crumbing station with three bowls. One with flour, the second with the combined milk and egg and the third with the wholemeal breadcrumbs.
3. Roll the fish pieces in the flour, dip them into eggwash (milk and egg) and roll in the breadcrumbs.
4. Set pieces out on the baking tray and give each piece a light spray with the canola spray. Turn over and repeat on the other side.
5. Bake for 15 to 20 minutes and serve with lemon wedges and tartare sauce.

- You can add some finely grated parmesan to the breadcrumbs for extra taste if you like.



## Term 1 Planner 2017

Mon	Tue	Wed	Thu	Fri
Jan 23	24	25	26	27
Jan 30	31	Feb 1	2	3
Swimming				Swimming Carnival Dubbo
6	7	8	9	10
13	14	15	P&C Meeting	17
20	21	22	23	24
27	28	Mar 1	2	3
6	7	8	9	10
13	14	15	P&C AGM	17
Waste 2 Art Entries close	Harmony Day			PCYC SPORT Speech, Hearing & OT
20	21	22	23	24
27	28	Crazy Hair Day	30	31
Apr 3	4	Easter Hat Parade 11.30am	6	PCYC SPORT
		5	7	



## MUMBIL PUBLIC SCHOOL

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Term 1 Week 10 & 11

Tuesday 4<sup>th</sup> April 2017

## Student of the week



## EASTER HAT PARADE

Tomorrow **Wednesday**

**5<sup>th</sup> April**

**11.30am**

Parents/carers please come along and support the students.

Are you up for a challenge?

Parents are encouraged to parade an Easter hat (prizes available)

Build up the muscles for the parent tug a war activity.

**Congratulations  
Destiny!**

**ALL  
WELCOME!**

## PRINCIPAL'S MESSAGE

What a busy term we have had!!

### Easter Hat Parade

All students are looking forward to our Easter Hat Parade tomorrow which will begin at 11.30am after recess. All students have created their Easter hats at school and are looking forward to showing them off!

### Soccer Goals

This term we received a very generous donation from the Mumbil Advancement Association in order for students to choose some sporting equipment that they need. The students had a meeting and it was decided that we need to replace our Soccer goals as they are both broken. Mumbil Public School greatly appreciates this donation and we are looking forward to the arrival of our new goal posts!

### Science and Engineering Challenge

Last Friday our year 5 and 6 students took part in a Science and Engineering Challenge in Dubbo. All students had a fantastic time on the day!



### Hockey

I have again been lucky enough to receive a grant from Sporting Schools to participate in organised sport in term 2. We have been in contact with the Dubbo Hockey Association who will be coming out to work with our students at the beginning of next term.

### End of Term

This Friday is the last day of term 1. Students return back on Wednesday 26<sup>th</sup> of April for term 2. Students are all invited to participate in the ANZAC Day march which will be

taking place on the 25<sup>th</sup> of April. Students all received notes about the March on Monday.

### Raffle Tickets

All Easter raffle tickets are to be returned to school tomorrow as the Easter Egg Raffle will be drawn at the Easter Hat Parade.



### Waste to Art 2017

Stage 3 students worked with Mrs Hanney on an artwork for this year's Waste to Art competition. The artwork was delivered to Dubbo last week.

We received this email earlier today.

### WASTE 2 ART 2017 CONGRATULATIONS!

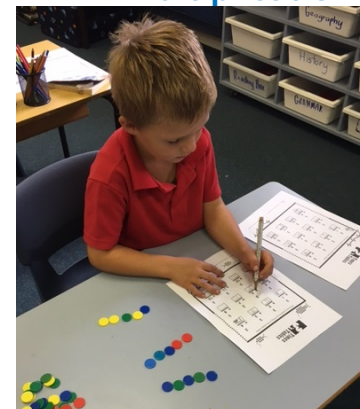
An artwork you have entered has made it to the FINAL selection.

We urge you to come to the  
Official Opening of  
Waste to Art 2017  
2pm 8 April 2017  
Western Plains Cultural Centre  
76 Wingewarra Street, Dubbo.



Mumbil Public School

### Infants Class working on multiplication



Staff of Mumbil Public School would like to wish all families a happy and safe Easter break!

