

## Cheesy Vegetable Muffins

### Ingredients

2 cups self-raising flour  
11/2 cups lightly packed grated zucchini  
11/2 cups lightly packed grated carrot  
1/2 cup grated reduced fat tasty cheese\*  
1/4 cup olive oil\*  
125g can creamed corn  
3/4 cup reduced fat milk\*  
1 large egg\*  
Canola oil spray\*

### Method

1. Preheat oven to 190°C (170°C fan-forced). Sift flour into a large bowl, stir in zucchini, carrot and cheese.  
2. Whisk together oil, creamed corn, milk and egg. Add to flour mixture and stir until ingredients are just combined.  
3. Lightly grease a 12 x 1/3 cup capacity non-stick muffin pan with cooking spray. Bake in oven for 25-30 minutes or until muffins are light golden and just firm to touch.

### Tip

These muffins will keep for up to 2 days in an airtight container in the refrigerator or can be frozen for up to 1 month.



## Term 3 Planner

Mon	Tue	Wed	Thu	Fri
Staff Development Day				
Jul 18	19	20	21	22
25	26	27	28	29
		Eisteddfod - Play	Athletics Carnival	
Aug 1	2	3	4	5
	Responsible Pet Program	Mumbil Mini Olympics		
8	9	10	11	12
Eisteddfod Choir			P&C Meeting	
15	16	17	18	19
		Infants excursion Wellington Library book Week activities Primary excursion to Dubbo		CWA International Day
22	23	24	25	26
Fruit & Veggie Month Begins		Kinder Orientation Starts		
29	30	31	Sept 1	2
		BOOK WEEK PARADE	P&C Meeting Community meeting Mumbil Hall	
5	6	7	8	9
Life Education Van				
12	13	14	15	16
			Naidoc Day Wellington P.S	LAST DAY OF TERM 3
19	20	21	22	23

**School starts for Term 4 on Monday 10th October 2016**



## MUMBIL PUBLIC SCHOOL

**"Strive for the Peak"**

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Term 3 Week 9 & 10

Friday 16th September 2016

## Students of the Weeks



**Congratulations Luc Smeekens!**

**Congratulations James Evans!**



**Congratulations Riley Younie!**



## Principal's Messages

It was with a heavy heart, and mixed emotions, that I announced last week that I would be leaving Mumbil Public School at the end of this year. I have had a wonderful 6 years leading this great small school. I have led many positive changes and seen many 'Mumbil students' not only strive for the peak, but also reach the peak in academic, creative and sporting areas. Our focus on learning has seen some terrific growth in the students. With your help, we have developed our whole school environment to be an attractive and welcoming place to learn. I have had the privilege of getting to know the extended families of our students and members of the Mumbil Community. We have worked together with the common goal of providing the best possible education for the children. I have also had the privilege of leading a group of talented young (and not so young) staff who have joined me in a total commitment to the children of Mumbil over the past 6 years. Our school at times feels like a second home!

The process of selecting a new Teaching Principal will begin shortly. I am sure we will find an enthusiastic replacement that will bring a new perspective and fresh ideas to inspire the students and lead this very successful small school into the future. I look forward to a busy and exciting term together before our final goodbyes! Mrs Farley

## BOOK WEEK PARADE

Mumbil students and teachers were joined by our preschool friends last week to dress up and celebrate book week. The costumes looked great and it was a good opportunity to celebrate the joy of books and reading. Thank you to parents, carers and members of our wider school community for coming along to support our students.



## Year 6 and Kindergarten Transition.

The Kindergarten transition has begun with Destiny coming into her new class each week. She is already doing some great work in the K-2 room! The Year 6 boys Liam and Greg are beginning their transition to high school with some 'STEM' afternoons.

The Canobolas Rural Technology High School has developed a STEM centre where students explore the exciting world of Science, Technology, Engineering and Maths. I'm sure Liam and Greg will quickly adapt to the high school environment and thrive!

## Responsible Pet Program

